



A 3-day
certification
series based upon
information and
protocols found
in Constitutional
Facial
Acupuncture
(Elsevier UK,
2014)

May 19-21, 2018
Oakland, CA (venue TBA)
CONSTITUTIONAL
FACIAL ACUPUNCTURE™:
THE NEW PROTOCOLS

featuring:

Mary Elizabeth Wakefield, L. Ac., M. S., M. M.
Ms. Wakefield is a leading international authority
in facial acupuncture, and one of only two
American acupuncture educators ever to be
awarded the title of Educator of the Year by the
AAAOM. We are delighted to be able to bring her
back to the Bay Area!!



Mary Elizabeth's
first seminar in
northern CA in 5
years!

TUITION:

Non-members: \$899; after 3/30/18, \$999

Members: \$650; after 3/30/18, \$750

New members: \$750; after 3/30/18, \$850

*We recommend that you invest in Mary Elizabeth Wakefield's Elsevier book, *Constitutional Facial Acupuncture* (5-star ratings on Amazon); you can also purchase an autographed copy at the seminar.

For questions relating to seminar logistics, etc. ...

Contact Chi-Akra Center for questions about registration, and seminar content: chi.akra@gmail.com, www.facialacupuncture-wakefieldtechnique.com; 888-652-5550/212-593-1954

In this new certification series, you will learn the following: there are new materials not in the book!!

- + How to treat 12 problematic areas of the facial landscape with gentle origin/insertion muscle techniques;
- + 3 levels of constitutional treatment:
 1. The Jing: the Eight Extraordinary meridians, and how they affect the endocrine system.
 - a. Unique!! How each stage of every Eight Extraordinary meridian pathway relates to a TCM pattern, a syndrome, a specific emotion and type of facial imbalance
 2. The Ying: the 12 Regular meridians are integrated with the Five Phases and their complementary yin and yang pairs
 - a. Syndromes are addressed through Japanese, Vietnamese, TCM, and Ms. Wakefield's original protocols to treat adrenal exhaustion, opioid addiction, high blood pressure, etc.
 3. The Wei: the Tendinomuscular meridians
 - a. trigger, motor and "ashi" points to treat "Coat Hanger" and "Wandering Skirt" syndromes, etc.
- + Psychospiritual treatments: the 3 Shen scalp treatments, integrated with essential oils; a *new* psychospiritual treatment, not in the book
- + Practical specifics: benefits and contraindications for facial, constitutional and psychospiritual treatment, plus general rules, treatment timelines, maintenance treatments, short and long-term effects, etc.
- + Herbal treatments: a step-by-step guide, integrating needling protocols with topical Chinese herbs, masks, poultices, natural creams and cleansers, essential oils, jade rollers and gem discs, etc.
- + Practical wisdom: insights drawn from Ms. Wakefield's 30+ years of experience



Included in the seminar:
handouts (booklet),
complimentary Seirin needles,
Chinese herbs, essential oils,
creams, jade rollers, etc., used
in the treatments, CEs/PDAs.
An online referrals listing will
also be created.

Cancellation Policy:

Cancellation requests must be made in writing no later than 4 weeks prior to the seminar; no refunds will be granted after that date. A \$50 processing fee will be charged for any cancellations prior to that date. Any cancellations after 19 April, 2018 are subject to conditions of force majeure, i.e., act of God, and our interpretation of the same. If the seminar is cancelled by the sponsors, full tuition will be refunded.

INSTRUCTOR BIOGRAPHY



Mary Elizabeth Wakefield, L. Ac., M. S., M. M., is a licensed acupuncturist, Zen shiatsu and cranio-sacral therapist, opera singer, and the author of the Elsevier book, *Constitutional Facial Acupuncture* (2014). She is internationally acknowledged as the leading authority in facial acupuncture, contributing significantly to globally raising awareness of facial acupuncture as a valuable and effective modality in Chinese medicine. She is one of only two acupuncture educators ever to be awarded the title of Educator of the Year by the AAAOM.

She has 30+ years of clinical professional experience as a healing practitioner, and has personally trained close to 5,000 healthcare practitioners from 5 continents. In 2012, she instituted a unique 2-year professional certification training for facial acupuncturists at Northwestern Health Sciences University in Minneapolis, MN, the International GOLD STANDARD FACIAL ACUPUNCTURE® Certification Program, the only one of its kind in the world today, which has run successfully in 2012-13 and 2015-16, and attracted practitioners from a number of foreign countries and many US states. A third Program will launch in June 2018.

Mary Elizabeth appeared, as one of only two invited presenters, at the International Cosmetic Acupuncture Symposium (ICAS) in December 2016 in Tokyo, JAPAN, where she has previously taught several seminars. Ms. Wakefield has presented several times at the internationally renowned TCM-Kongress in Rothenburg ob der Tauber, GERMANY, the Pacific Symposium, San Diego, CA, and at the Canadian Oriental Medicine Symposium (COMS) in Vancouver, BC, CANADA. Most recently, she received a standing ovation for a presentation on the nature of sound, and her innovative tuning fork facial, *Facial Soundscapes*, at the 2017 Pacific Symposium.

She has recorded several online seminars: one, on the topic of her book, for Pro-D Seminars (CANADA) and several others for Acupuncture Professional (AUSTRALIA). She will be recording a new webinar for Pro-D in March 2018 on acupuncture scar therapy.

Her 2018 teaching schedule includes seminars in New York City, and certification series offerings in Minneapolis, MN, Denver, CO, Los Angeles, CA, Montreal, QC, CANADA, Amersfoort, NL, London, UK, Auckland, NZ, and Croatia.

She contributed a column on facial acupuncture for 9 years to *Acupuncture Today* magazine, and has also written for the *CA Journal of Oriental Medicine (CJOM)* and *Oriental Medicine Journal*. Her treatment protocols have been highlighted or featured in interviews in *Oriental Medicine Journal*, *Qi Magazine*, *Alternative Medicine*, *Acu* (UK), *American Spa*, *Luxury Spa Finder*, *Les Nouvelles Esthetique* (Canada), *The Lantern* (Australia), *Naturheilpraxis* (Germany), *Huang Ti* (Netherlands), *Spa Asia* (Singapore) and others.

Ms. Wakefield was invited to custom design a Diamond Acupuncture Facial™ in conjunction with the Academy Awards, and premiered it at the Soho Mansion Diamond Aquifer Suite in Los Angeles. Subsequently, she appeared nationally on Fit TV (Discovery Channel), demonstrating the facial on host Gina Lombardi, in a segment entitled "Buying Beauty." She maintains a private practice on the Upper East Side of Manhattan, in New York City.