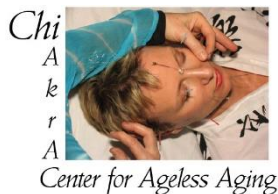


4th International

Gold Standard Facial Acupuncture®

Certification Program



The Wakefield Technique™ of Facial Acupuncture

This highly acclaimed two-year international certification “raises the bar,” and sets a new standard for facial acupuncture education worldwide.

Presented by:

Chi-Akra Center for Ageless Aging

The GOLD STANDARD® Program has been the single most significant experience of my career ... professional, comprehensive, personal, challenging and inspiring ... pure 24 Kt gold!! C. N. W., A. P., L. Ac., Tampa, FL, USA

Begins April 23, 2021



Mary Elizabeth Wakefield, L. Ac., M. S., M.M.

Mary Elizabeth Wakefield is the AAAOM Educator of the Year, Oriental medicine practitioner and musician. She is the internationally recognized author of

Constitutional Facial Acupuncture, Elsevier Publishing, 2014.

She is a creator of innovative treatment protocols, writer for acupuncture periodicals, and has contributed significantly to raising awareness of facial acupuncture as a viable, holistic treatment modality. Mary Elizabeth is acknowledged to be one of the leading proponents of facial renewal techniques in the world today. She maintains a private practice on the Upper East Side of Manhattan, in New York City.



MichelAngelo, M. F. A., Co-Instructor

4th International
Gold Standard Facial Acupuncture®
Certification Program

The Wakefield Technique™

192 Hours
of
continuing
education
and
training

The certification program is one of the most comprehensive and advanced training programs available to professional acupuncturists and advanced acupuncture students. This unique two-year international training program includes three levels and eight individual modules.

The program features Mary Elizabeth Wakefield, L. Ac., M.S., M.M., American Association of Acupuncture and Oriental Medicine Educator of the Year, and her life and teaching partner, MichelAngelo, M. F. A., former Advisor, Astrological Medicine & Musical Studies, Acutonics® Institute of Integral Medicine, LLC.

LEVEL I BODY: THE SOMATIC LEVEL

Learn to address the body and its physical manifestations of imbalance. A grounded presence within the body fosters the capacity for learning, awareness, and a sense of being present. The ability to manifest is what is required for survival and prosperity in the physical world. This grounding or “rooting” facilitates a smoother transition into the other levels.

I. Constitutional Facial Acupuncture Renewal™

Module 1A: Constitutional Facial Acupuncture Renewal (acupuncturists only)

- The Wakefield Technique
- A historical overview of facial acupuncture
- Ancient perceptions of beauty and longevity
- Facial acu-muscles techniques using gold and silver needles for tonification and sedation
- The Eight Extraordinary “DNA” meridians
- 5 Element Kidney Spirit Shen points
- Chinese and Western physiognomy

Module 1B: Herbal Therapies and Essential Oil Materia Medica (all healthcare professionals)

- Dermatological syndromes: Chinese and Western herbs, plus folk remedies
- Imperial herbal prescriptions from the Ming Dynasty
- An Essential Oil Materia Medica
- Lifestyle recommendations

II. Advanced Constitutional Facial Acupuncture Renewal™

Module 2A: Advanced Constitutional Facial Acupuncture Renewal (acupuncturists only)

- The energetics of the face (Jing, Qi and Shen)
- The Nei Jing on beauty
- Aging: The Intrinsic Passage of Time
 - Causes of aging
 - Meridians that affect the face

- Three Imperial healthy aging points
- The anatomy and physiology of the skin
- 24 facial motor points and their usage
- 5 Element constitutional points
- Japanese scar therapy: alleviating physical and emotional pain

Module 2B: Non-Needle Modalities (all healthcare practitioners)

- Microcurrent usage
- LED (light-emitting diode)
- Sound therapy (tuning forks)
- Facial massage and “Facial Gym” exercises
- Gua Sha and cupping
- Oriental facial diagnosis
- 5 Element interaction with patients, i.e., grounding and bonding issues

MODULES 3 & 4 Constitutional Facial Acupuncture Archetypes™:

The Three Yangs And The Three Yins

Understand the archetypal nature of the six energies described in the Shang Han Lun and the Ling Shu. Learn how these patterns impact your patients’ constitution, physiognomy, general health, and attitude, behavior, and life choices. Motor, trigger and “ashi” points for both face and body, as well as protocols for root treatments and psycho spiritual issues are presented.

Module 3: The Three Yangs

- Definition of archetypes and overview of the six stages
- The 3 Yang stages: Taiyang, Shaoyang and Yangming
- Comparison and usage of motor, trigger and “ashi” points
- Hormones and the eight extraordinary meridians for the three Yangs
- Root and psychospiritual support for each Yang stage
- Charts for needling constitutional and facial “ashi,” motor and trigger points

Module 4: The Three Yins

- Overview of the 3 Yin stages: Taiyin, Shaoyin and Jueyin
- Archetypal qualities, personalities, emotional tendencies and sensitivity issues
- Hormones and the eight extraordinary meridians for the three Yins
- Face and body points for the three Yins: “ashi,” motor and trigger points, root treatments and psychospiritual points
- Root treatment and psychospiritual points
- Integration of the six stages: usage and treatment
- Discover your own personal Archetype

“Mary Elizabeth and MichelAngelo are brilliant and genuine. The handouts are excellent...a very practical guide for practice.”



Please note: if you are a healthcare professional, and not an acupuncturist, you can attend the didactic portion of these two modules, with the permission of the Instructors.

LEVEL II MIND: THE ALCHEMICAL LEVEL

Address the mind and psycho-emotional issues to encourage transformation of unhealthy belief systems. Intention and clarity are paramount when you view mind/body issues. New facial acupuncture protocols are introduced, emphasizing the transformational aspects of Chinese medicine and the ancient roots of Taoist philosophy.

MODULE 5 The Alchemy of Healthy Aging™ - “Sparkling the Shen”

- The art of being present
- The face: key to alchemical transformation
- Eastern vs. Western alchemy
- Facial asymmetry and the Central Corridor of Qi
- Physiognomy: The 13 Taoist positions of the face
- Alchemical eight extraordinary meridians and essential oils for master coupling points
- Facial acu-muscle points: cellular memory, intention and the 3 treasures
- Qi-gong: The six healing sounds

MODULE 6 The Alchemy of Healthy Aging™ - “Transforming the Shen”

- The art of collective mindfulness
- Learn how to treat transformational spirit points with essential oils:
 - 13 Gui ghost points
 - 12 Spirit points
 - Windows of the Sky points, and essential oils
 - Three Shen scalp points
- Kidney transport points: The Mu-Shu Tango
- Ba liao: Eight sacred seams; treatment protocols for the back
- Immortality and alchemical treatments for the neck and face
- Mu-Shu Tango
- Microcosmic orbit breathing meditation



Please note: if you are a healthcare professional, and not an acupuncturist, you can attend modules 5 and 6, with the permission of the Instructors. Instead of acupuncture needles, you can substitute any of the following alternative modalities: tuning forks, microcurrent, Japanese Tei-shin (a spring-activated probe) on acu-points of the face and body (these tools will be provided).

LEVEL III SPIRIT: THE VIBRATIONAL LEVEL

Learn to address the spirit using sound. Sound provides instantaneous healing; it is both gentle and powerful, especially when coupled with acupuncture needling. This combination stimulates a “vibro-electric” effect, which activates a heightened spiritual consciousness.

MODULE 7 The Resonant Face™

- Sound, resonance and tuning forks heighten the resonance of intention and memory
- The Third Ear: Why sound is effective for healing
- Benefits and contraindications for acu-sound treatments
- Specialized acu-sound techniques; integrating acupuncture needling and tuning forks
- The Resonant Face origin and insertion facial treatment protocol
- The Three Treasures, gems and sacred geometry
- Sacred Mudra meditation: Sounding the Three Heaters
- An integrated treatment protocol for The Resonant Face

MODULE 8 The Transcendent Face™

- Planetary myth and symbolism; five element planets of Chinese medicine
- The art of musical intervals
- Integrating planetary tuning forks with needles
- Planetary signatures and associated tuning fork combinations for the eight extraordinary meridians
- Five element planetary constitutional and facial treatments
- Five element planetary essential oils and guidelines for usage
- Empirical treatment points for aging
- Sacred geometry, 5 Element horary points and 5 Element treatments
- Treatment protocol for The Transcendent Face

Please note: if you are a healthcare professional, and not an acupuncturist, you can attend modules 7 and 8 with the permission of the Instructors.

REGISTRATION

PROGRAM INFORMATION

LEVEL I BODY: THE SOMATIC LEVEL

MODULES 1 & 2:

April 23-25, 2021/April 30-May 1, 2021

MODULES 3 & 4:

August 20-22, 2021/August 27-29, 2021

LEVEL II MIND: THE ALCHEMICAL LEVEL

MODULES 5 & 6:

April 22-24, 2022/April 29-May 2, 2022

LEVEL III SPIRIT: THE VIBRATIONALAL LEVEL

MODULES 7 & 8:

August 19-21, 2022/August 26-28, 2022

Full Name _____

Address _____

City/State (Province, etc.) _____

Country _____ Zip (Postal Code) _____

E-mail _____ Phone (Home/Mobile) _____

Details of acupuncture licensure (state/country, etc. and number): _____

TIME

9:30 a.m. - 6:30 p.m. each day

HOURS

192 NCCAOM PDAs and California CEs are pending. All other state or international CEs available upon request.

TUITION AND PAYMENT OPTIONS – Only those registering for the early bird rate have the option to pay by check, all others must pay by credit card. Checks payable in USD, please.

Early Bird: USD \$6,000; paid by February 23, 2021

Register and pay in full. Include a check payable to Chi-Akra Center for Ageless Aging, or your credit card information (including the CVV code), with the registration form.

Payment Plan I: USD \$7,000 (Four installments of \$1,750); payable between February 24-March 23, 2021. After registering, a payment plan contract will be sent to you with instructions. Credit card information, including CVV code, is required with your registration.

Payment Plan II: USD \$7,500 (Four installments of \$1,875), payable after March 23 2021. After registering, a payment plan contract will be sent to you with instructions. Credit card information, including CVV code, is required with your registration.

Tuition Amount Included with Registration: _____

PAYMENT

Check payable to Chi-Akra Center for Ageless Aging (“Early Bird” registrants only)

Visa/MasterCard/Discover/American Express

Card Number _____ Exp. Date _____

CVV Code (3-digit number on back/4-digit number for AmEx) _____

CANCELLATION AND REFUND POLICY:

A refund for canceling your registration will only be given in the event of force majeure, i.e., a death in your immediate family, serious personal illness, or other “acts of God.”

Credit Card Registration:

Registration form and payment by mail to Chi-Akra Center for Ageless Aging, 250 East 63rd Street, Suite 607, New York, NY 10065 USA

For questions regarding course content/certification details:

Chi-Akra Center for Ageless Aging, 888-652-5550/212-593-1954

chi.akra@gmail.com, ageless.aging@facialacupuncture-wakefieldtechnique.com

Vibrational Acupuncture™

Integrating Tuning Forks with Needles



Mary Elizabeth Wakefield
and MichelAngelo
Foreword by Donna Carey

SINGING
DRAGON



Mary Elizabeth Wakefield,
L. Ac., M. S., M.M. &
MichelAngelo, M. F. A.

Mary Elizabeth and MichelAngelo are the co-authors of the new book, *Vibrational Acupuncture: Integrating Tuning Forks with Needles*, which was published in March 2020 by Singing Dragon UK. *Vibrational Acupuncture* is the first book to combine practical treatments using acupuncture and tuning forks

Mary Elizabeth Wakefield is the author of the 5-star rated book, *Constitutional Facial Acupuncture* (Elsevier UK, 2014), and a recognized expert in this field who teaches internationally. She has appeared as a presenter at variety of acupuncture symposiums in the US and abroad.

MichelAngelo is a co-author of the *Acutonics®* textbook, *From Galaxies to Cells: Planetary Science, Harmony and Medicine* (Devachan, 2010), and author of three volumes of astrological essays, the first of which, *Random Ramblings of an Astrological Autodidact* (2019), was reviewed favorably in *The Mountain Astrologer*.

Both authors share a background as professional classical musicians, opera singers with international performing careers, and are recognized figures in the international sound healing community. MichelAngelo is a pianist and composer of classical art songs, and taught music theory at the university level. Mary Elizabeth is also a flutist.

They have co-created 5 modules of training in *Facial Soundscapes*, which presents treatment protocols for face and body using the entire range of *Acutonics®* planetary tuning forks.