



May 25-26, 2024

Preliminary Zoom session:

May 19, 10 am – 3 pm

Live Event: Stratford Acupuncture & Wellness Center, Shelton, CT

9:30 am – 6:30 pm

24 NCCAOM PDAs will be awarded

CONSTITUTIONAL FACIAL ACUPUNCTURE™: THE NEW PROTOCOLS

featuring:

Mary Elizabeth Wakefield, L. Ac., M. S., M. M.

Ms. Wakefield is a leading international authority in facial acupuncture, and one of only two American acupuncture educators ever to be awarded the title of Educator of the Year by the AAAOM.

Sponsored by:



A 3-day
certification series
based upon
information and
protocols found in
the 5-star rated
Constitutional
Facial Acupuncture
(Elsevier UK, 2014)

Mary Elizabeth's
first full-length
seminar in the
Northeast in 2024!



TUITION

Note: 10% special discount for CTSA members on the following regular tuition rates (please inquire by e-mail or phone):
until 4/25; \$630 (\$600 + \$30)/ after 4/26; \$730 (\$700 + \$30)

*We recommend that you invest in Mary Elizabeth Wakefield's Elsevier book, *Constitutional Facial Acupuncture* prior to the event; you can also purchase an autographed copy at the seminar (supply limited).

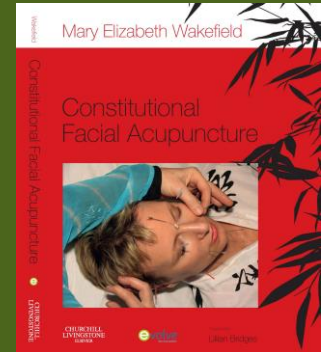
Contact Chi-Akra Center for Ageless Aging with questions about seminar content, registration or to order an autographed copy of Ms. Wakefield's book: chi.akra@gmail.com, www.facialacupuncture-wakefieldtechnique.com; 212-593-1954.

In this three-day certification series, you will learn the following: there are materials that do not appear in the book!!

- ✚ How to treat 12 problematic areas of the facial landscape with gentle origin/insertion muscle techniques;
- ✚ 3 levels of constitutional treatment:
 1. The Jing: the Eight Extraordinary meridians, and how they affect the endocrine system.
 - a. Unique!! How each stage of every Eight Extraordinary meridian pathway relates to a TCM pattern, a syndrome, a specific emotion and type of facial imbalance
 2. The Ying: the 12 Regular meridians are integrated with the Five Phases and their complementary yin and yang pairs
 - a. Syndromes are addressed through a combination of Japanese, Vietnamese, TCM, and Ms. Wakefield's original protocols to treat adrenal exhaustion, opioid addiction, high blood pressure, etc.
 3. The Wei: the Tendinomuscular meridians
 - a. trigger, motor and "ashi" points to treat "Coat Hanger" and "Wandering Skirt" syndromes, etc.
- ✚ Psychospiritual treatments: the 3 Shen scalp treatments, integrated with essential oils; a *new* psychospiritual treatment, not in the book
- ✚ Practical specifics: benefits and contraindications for facial, constitutional and psychospiritual treatment, plus general rules, treatment timelines, maintenance treatments, short and long-term effects, etc.
- ✚ Herbal treatments: a step-by-step guide, integrating needling protocols with topical Chinese herbs, masks, poultices, natural creams and cleansers, essential oils, jade rollers, gem discs, etc.
- ✚ Practical wisdom: insights drawn from Ms. Wakefield's 35+ years of experience

For biographical information on Mary Elizabeth Wakefield, please visit her web site at:

www.facialacupuncture-wakefieldtechnique.com



Included in the seminar: handouts (booklet), Seirin needles, Chinese herbs, essential oils, creams, jade rollers, etc., used in the treatments, PDAs.

Cancellation Policy:

Cancellations in writing will be accepted until 30 days prior to the first day of the event.

If the seminar is cancelled by Instructors *for any reason*, it will be rescheduled; no refunds will be granted.



Co-instructors
Mary Elizabeth & MichelAngelo